



NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

What is the NDIS?

The NDIS provides individualised support to Australians with disabilities, as well as their families and carers. People suffering from a permanent disability may apply for an individualised funding package which correlates with their ongoing support needs.

How does it work?

The NDIS funds support related to an individual's disability and deemed reasonable and necessary for them to live an ordinary life and achieve their goals.

To qualify, you must:

- be under 65 years of age at the time of applying
- be an Australian resident, hold a Permanent Visa or hold a Protected Special Category Visa
- have a permanent disability which reduces their functional capacity
- have evidence that the needs are lifelong

An NDIS planner will help you prepare a plan based on your goals, aspirations and needs. You can choose support providers, how support is delivered and how much control you want in managing your plan. The NDIS may fund support such as equipment (e.g. a wheelchair), personal care and domestic living, and access to community activities such as social activities, study, and sport.

Where can I get further information?

To determine your eligibility, complete an Access Request Form. Contact the NDIA on 1800 800 110 to receive the form.

The NDIA requires evidence of your disability, including assessments from your doctor or specialist. A medical professional can also complete the Professional's Report section of the form. You can request copies of your diagnosis or medical assessments from Centrelink or your current service provider.

Where can I get further information?

AMDF has prepared information about the NDIS relevant to people affected by mito, including case studies and links to other useful resources. Visit the [AMDF website](#) to learn more.

Contact the Helpline on 1300 977 180 or helpline@amdf.org.au to speak to our support team about the NDIS.

The **NDIA** website contains information about applying for the NDIS, rollout dates across Australia and further information about individual funding packages and support. [Click here](#) to go to the NDIA website.