

Understanding the NDIS

PRE-PLANNING



INCLUSION
SUPPORT SOLUTIONS



Eligibility for NDIS

Are you aged between 7 and 65

Do you live in Australia and have Australian residency?

Do you usually need support from a person because of a permanent and significant disability?

Do you use special equipment because of a permanent and significant disability?

Do you need some supports not to reduce your future needs?



NDIS SPEAK



Choice and Control



Reasonable & Necessary



Local Area Coordinator



Planner



Support Coordinator



Plan Manager



How to apply for NDIS

Download Access Request Form from NDIS website

OR

Call 1800 800 110 and ask them to mail out the form

OR

Make a verbal access request by calling on 1800 800 110

Health professional will need to complete Section 2 of the Access Request Form or if you have existing reports or assessments you can send them with your completed form



At least one health professional will need to have included in their report that they consider your disability to be permanent or likely to be permanent. YOU WILL NOT MEET ACCESS IF YOU DO NOT HAVE THIS IN WRITING.

Your assessments and reports will need to explicitly detail how your disability impacts your daily functioning.

A functional capacity assessment by an OT is the best way to do this however soon the government is bringing in independent assessments as part of the access process.



NDIS PLAN BUDGET CATEGORIES

CORE

1. Assistance with Daily Life
2. Transport
3. Consumables
4. Assistance with Social & Community Participation

CAPITAL

1. Assistive Technology
2. Home Modifications & Specialist Disability Accommodation

CAPACITY BUILDING

1. Support Coordination
2. Improved Living Arrangements
3. Increased Social and Community Participation
4. Finding and keeping a job
5. Improved relationships
6. Improved Health & Wellbeing
7. Improved Learning
8. Improved Life Choices
9. Improved Daily Living Skills



REASONABLE & NECESSARY SUPPORTS

Is it disability related?

Does it meets goals in the plan?

Does it increase participation in everyday life?

Is it value for money?

Is it likely to work and does in consider good practice and/or evidence?

Does it take informal supports into consideration?

Is NDIS the most appropriate funding body?



HOW TO MANAGE THE FUNDS IN YOUR PLAN

AGENCY MANAGED

Service providers access funding through the portal.

SELF MANAGED

You pay your own bills and claim through the portal.

PLAN MANAGED

The NDIS will pay someone you choose to help you manage the money and pay your bills.



Pre-planning TO DO LIST

Pre-planning booklet

Weekly schedule of activities

Table of funded supports verses self funded supports

Impact statements

List of goals

Support letters / reports / quotes

Checklist





You can have 2 short term goals
and up to 5 medium to long term
goals

Keep them broad

TRY TO USE THE WORDS IMPROVE
OR INCREASE





Helpful resources

Understanding the NDIS

<https://www.ndis.gov.au/understanding>

Guide to self management

[file:///C:/Users/ISS/Downloads/PB%20Self-Management%20Guide%20PDF%20\(1\).pdf](file:///C:/Users/ISS/Downloads/PB%20Self-Management%20Guide%20PDF%20(1).pdf)

How to use the portal

<https://www.ndis.gov.au/participants/using-your-plan/managing-your-plan/how-use-myplace-portal>

The Growing Space

<https://www.thegrowingspace.com.au/library/>



SUPPORT NETWORKS

Valued Lives Peer Support

Kalparrin

NDIS in WA Peer Support facebook group

WA Families and Disabilities Support Workers Job Network

