

How to Hold a Virtual Munch for Mito at Work



1. **Register** your event with us
2. Schedule a time to **get everyone together** online
3. **Customise** your event page with a profile photo, a banner, and a story about why this cause matters to you
4. Turn on **live streaming** if you'd like to stream an activity right on your event page
5. Customise your donation amounts – **encourage** people to support your event by setting a challenge to each amount E.g \$50 = Boss wears his rival teams colours all day
6. **Share your page** via email, on your business social media and LinkedIn
6. On the day use our Zoom background and run a **quiz**, a baking **competition**

What can I live stream?

- Your resident foodie or local restaurant chef giving a cooking lesson
- Team mates getting together for real in another state
- A fun foodie challenge